

Trancework: An Introduction to the Practice of Clinical Hypnosis, Third Edition

by [HYPERLINK "http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=Michael D. Yapko/104-1989499-1075935"](http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=Michael D. Yapko/104-1989499-1075935) [Michael D. Yapko](#)

Hardcover: 528 pages

Publisher: Brunner-Routledge; 3rd edition (August 1, 2003)

Language: English

ISBN: 041593589X

Editorial Reviews

From Book News, Inc.

A revised and expanded edition (previous, 1984) of a conceptual and practical exposition which details the use of hypnosis in psychotherapy and also provides insight into the role of hypnotic patterns wherever influential communication occurs. Annotation copyright Book News, Inc. Portland, Or.--*This text refers to an out of print or unavailable edition of this title.*

Stephen R. Lankton, MSW, DAHB

"Clinicians, students, and researchers will undoubtedly find this the best single book they can read on the topic of hypnosis."

Maggie Philips, Ph.D., co-author of *Healing the Divided Self: Clinical and Ericksonian Hypnotherapy for Posttraumatic and Dissociative Conditions*

"...a state of the art sourcebook that spans the depth and breadth of the hypnotic tradition."

Etzel Cardena, Ph.D., President, The Society for Clinical and Experimental Hypnosis

"Dr. Yapko's new edition of *Trancework*...goes considerably beyond previous editions in giving a wealth of clinical options..."

Jordan I. Zarren, MSW, DAHB, DCSW, Past-President, American Society of Clinical Hypnosis

"...a must for every health professional who uses or wants to learn to use the powerful tool of hypnosis."

Book Description

Trancework, the most comprehensive guide to learning the fundamental skills of clinical hypnosis, is now available in an updated and improved third edition. Yapko clearly and dynamically introduces readers to a broad range of hypnotic methods and techniques that will greatly enhance the effectiveness of preferred modes of therapy. Chapters are filled with new and practical information, including extensive academic references, sample transcripts, thorough summary tables of key points, and interviews with leading figures in the field--Milton H. Erickson, Jay Haley, Theodore X. Barber, Ernest R. Hilgard, and Helen Crawford, among others. This new edition specifically addresses the growing emphasis within psychotherapy on proving efficacy through empirical data, the controversy of repressed memory that has divided the profession, and the advances in cognitive neuroscience that are stimulating new research.

For newcomers, *Trancework* is an authoritative primer, demystifying hypnosis and offering step-by-step instruction for integrating it into clinical practice. Those familiar with hypnotic procedure will welcome Yapko's presentation of influential theories, controversies, treatment approaches, and rich case material. All readers alike are guided through personal and professional enrichment as they discover the art and science of clinical hypnosis as presented in this essential guide.

Book Info

Comprehensive guide to learning the fundamental skills of clinical hypnosis. Presents a broad range of hypnotic methods and techniques for enhancing the effectiveness of preferred modes of therapy. Addresses the controversy of repressed memory and highlights the new advances in cognitive neuroscience. For psychotherapists. Previous edition: c1990.

About the Author

Michael D. Yapko, Ph.D., is a clinical psychologist in private practice and Director of the Milton H. Erickson Institute of San Diego. He is internationally recognized for his work in the active treatment of depression, the use of clinical hypnosis and his advancement of the use of outcome-focused, short-term psychotherapy.

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Healing the Divided Self: Clinical and Ericksonian Hypnotherapy for Post-Traumatic and Dissociative Conditions (Norton Professional Book)

by [HYPERLINK "http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=Maggie Phillips/104-1989499-1075935"](http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=Maggie+Phillips/104-1989499-1075935) [Maggie Phillips](#), [HYPERLINK "http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=Claire Frederick/104-1989499-1075935"](http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=Claire+Frederick/104-1989499-1075935) [Claire Frederick](#)

Hardcover: 371 pages

Publisher: W. W. Norton & Company; 1st ed edition (February 1, 1995)

Language: English

ISBN: 0393701840

Editorial Reviews

From Book News, Inc.

A step-by-step guide for the use of hypnotic techniques in the treatment of dissociative disorders. The authors synthesize traditional and Ericksonian styles of hypnosis in practical methods that work within their treatment model, emphasizing the use of the patient's own internal resources as well as encouraging strengthened connections with others. Annotation copyright Book News, Inc. Portland, Or.

Hypnocounseling: An Eclectic Bridge Between Milton Erickson and Carl Rogers

by [HYPERLINK "http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=Hugh Gunnison/104-1989499-1075935"](http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=Hugh+Gunnison/104-1989499-1075935) [Hugh Gunnison](#)

Paperback: 222 pages

Publisher: Crown House Publishing (September, 2004)

Language: English

ISBN: 190442449X

Editorial Reviews

From Book News, Inc.

Now in private practice, Gunnison (emeritus counseling, St. Lawrence U. New York) blends the utilization approach of Erickson and the person-centered approach of Rogers, using brief solution-based therapy. His goal is to increase the effectiveness of whatever primary therapy readers, presumably therapists, are using

Handbook of Hypnotic Inductions

by [HYPERLINK "http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=George Gafner/104-1989499-1075935"](http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=George+Gafner/104-1989499-1075935) [George Gafner](#), [HYPERLINK "http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=Sonja Benson/104-1989499-1075935"](http://www.amazon.com/exec/obidos/search-handle-url/index=books&field-author-exact=Sonja+Benson/104-1989499-1075935) [Sonja Benson](#)

Hardcover: 208 pages

Publisher: W. W. Norton & Company (April, 2000)

Language: English

ISBN: 039370324X

Editorial Reviews

From Book News, Inc.

From the Veterans Affairs Medical Center in Tucson, Arizona, Gafner, codirector of the hypnosis training program, and medical psychologist Benson provide over two dozen detailed scripts for inducing trance, deepening, realtering, and debriefing.

They cover beginning to advanced techniques for conversational, embedded-meaning, confusional, and directive inductions. A separate chapter discusses inductions

appropriate for children. *Book News, Inc.®, Portland, OR*

Book Description

Tips, techniques, and tested scripts for hypnotherapists. This useful resource provides over two dozen detailed scripts for inducing trance, deepening, realtering, and debriefing. Therapists at all levels can learn how to work with children, resistant clients, various psychological complaints, and physical disabilities. Concepts such as hypnotic language, amnesia, and Ericksonian utilization are all covered. Rich in metaphor and therapeutic stories, this book includes helpful notes for practice and the creation of individually tailored inductions.

About the Author

George Gafner lives in Tucson; Sonja Benson lives in Phoenix.

Handboek of hypnotic suggestions and metaphors

Door : Corydon Hammond

1990 Norton & Company .

Er bestaat ondertussen ook Franse versie (2004 , vertaald en uitgegeven door SATAS)

Trauma en trance

Door: MG Edelstien

1991, 2 de druk , De toorts

Exploraties in de hypnotherapie

Milton E Erickson en Ernest Rossi
Vertaald door ton Wilken
Bohn Stafleu Van Loghum 1983

Hypnose als hulpmiddel bij Psychotherapie

Door: JM Cladder
1996, Swerts & Zeitlinger

Relaxaties en zelfhypnose in de praktijk

Door: Wilfried van Craen
1998 Acco Leuven

Kinderen

Hypnosis and hypnotherapy with children

Door : Karen Olness en Daniel P Kohen
Derde editie 1996 The Guilford Press

Voor Exploraties

Trauma , dissociation and impulse dyscontrol in Eating Disorders

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Hoofdstuk " Using Hypnotherapeutic Techniques"

Door Johan vanderlinden en W vanderecken
1997 Brunner / Mazel

Voor psychosomatiek en heling (mindfulness)

Handboek Meditatief ontspannen. Hoofdstuk " In je lichaam aanwezig zijn : techniek om je lichaam te scannen "

Door : Jon Kabat-Zinn
2000 Becht

Dit gaat niet over hypnose maar over meditatie maar het is perfect bruikbaar